

## Hawarden Winter Trails 2020 Results (13/12/2020)

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
1	72	Rob	Armstrong	M	V40	5km Wave 1		0:22:27
2	84	Andrew	Thomas	M	Open	5km Wave 1	OutFit	0:23:58
3	66	Iwan	Edwards	M	V40	5km Wave 1	OutFit	0:25:32
4	69	Sioned	Owen	F	V40	5km Wave 1	OutFit	0:28:20
5	70	Christine	Cammillare	F	Open	5km Wave 1	Deestriders	0:29:15
6	71	Abigail	Cammillare	F	Open	5km Wave 1		0:29:18
7	80	Adele	Challinor	F	V50	5km Wave 1		0:31:46
8	68	Wendy	Hooson	F	V40	5km Wave 1	OutFit	0:32:34
9	86	karen	jones	F	V40	5km Wave 1	OutFit	0:34:43
10	81	Mel	Illman	F	Open	5km Wave 1		0:35:36
11	85	Rhian	Jones	F	V40	5km Wave 1	OutFit	0:36:39
12	63	Beverley	Goodson	F	V50	5km Wave 1	Deeestriders	0:42:21
13	2	Tom	Booth	M	Open	10km Wave 1	West Cheshire AC	0:42:25
14	79	Ruth	Appleton	F	V40	5km Wave 1		0:42:27
15	75	Linda	Mckeown	F	V60	5km Wave 1	OutFit	0:42:31
16	76	June	Morgan	F	V70	5km Wave 1	OutFit	0:42:47
17	77	Fiona	Robinson	F	V40	5km Wave 1	OutFit	0:43:40
18	73	Julia	Beattie	F	Open	5km Wave 1		0:43:47
19	24	Ally	Hughes	M	Open	10km Wave 1		0:43:59
20	64	Victoria	Cortvriend	F	V60	5km Wave 1	OutFit	0:45:07
21	10	Richard	Eccles	M	V50	10km Wave 1	NWRRC	0:45:20
22	62	Jason	Andrew	M	V40	5km Wave 1	Unattached	0:46:10
23	61	Diane	Andrew	F	V40	5km Wave 1	Unattached	0:46:14
24	89	Catherine	King	F	V50	5km Wave 1		0:46:22
25	88	Sue	King	F	Open	5km Wave 1		0:46:26
26	83	Sarah	Sheldon	F	Open	5km Wave 1		0:49:42
27	82	Emma	Hancock	F	Open	5km Wave 1		0:49:47
28	19	Richard	Hankins	M	V40	10km Wave 1	Unattached	0:51:03
29	25	Laura	Lewis	F	Open	10km Wave 1		0:51:37

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
30	26	Hywel	Lloyd	M	Open	10km Wave 1		0:52:48
31	11	Paul	Povey	M	V40	10km Wave 1	Penyffordd RC	0:54:04
32	1	Martin	Cortvriend	M	V60	10km Wave 1	Prestatyn RC	0:54:17
33	30	Gareth	Roberts	M	V40	10km Wave 1		0:55:28
34	27	Matthew	King	M	Open	10km Wave 1		0:56:44
35	23	Charlotte	Harvey	F	Open	10km Wave 1	Penyffordd RC	0:57:03
36	4	Carolyn	Caughter	F	V40	10km Wave 1		0:58:48
37	3	Cara	Coventry	F	Open	10km Wave 1	Penyffordd RC	0:58:49
38	21	Mark	Cowan	M	V40	10km Wave 1	Unattached	1:01:00
39	29	Amanda	ewall	F	V40	10km Wave 1		1:01:37
40	14	Chris	Baldwin	M	V70	10km Wave 1	Denbigh Harriers	1:03:59
41	20	John	Owen	M	V40	10km Wave 1	Unattached	1:06:46
42	5	Louise	Gorman	F	V40	10km Wave 1		1:08:18
43	6	Kelly	Harding	F	V40	10km Wave 1		1:08:21
44	17	Bonnie	Knox	F	V40	10km Wave 1	Unattached	1:15:04
45	18	Jane	Blackwell	F	V40	10km Wave 1	Unattached	1:16:42
46	22	Robert	Shanahan	M	V40	10km Wave 1	Unattached	1:17:19
47	15	Simon	Anders	M	V40	10km Wave 1	Unattached	1:18:15
48	9	Anna	John	F	Open	10km Wave 1		1:22:25
49	8	Sarah	Gilbert	F	V40	10km Wave 1		1:22:29
50	16	Veronica	Barnsley	F	V40	10km Wave 1	Unattached	2:48:15